Treasure Coast High School 2023 Summer Athletic Programs and Competitive Cheerleading

Students wishing to participate in summer workouts must have a clearance card issued from the athletic office through Athletic Clearance. Students who want to access summer workouts must complete a packet on athleticclearance.com. Once the student has successfully completed a packet, they will be sent an email stating that they have been cleared to participate in summer activities. This email must be presented to the head coach on the first day of participation

As of April 1, 2023, The following programs have announced summer training. Specific schedules can be obtained by contacting the coach via email. Coaches of sports not listed on this information sheet can be contacted via email from the coach's directory on our webpage.

| <u>Sport</u> | <u>Coach</u> | <u>Email</u> | Start Date |
|---------------------------|---------------|---------------------------------|-----------------------|
| Newcomer Football | Irvin Jones | Irvin.jones@stlucieschools.org | June 12 th |
| MWF 9:00 to 11:00 AM | V I | | |
| Returning Football | Irvin Jones | Irvin.jones@stluceieschools.org | June 5th |
| MTRF 12:50 to 5:00 PN | 1 | Wednesdays 7v7 TBA | |
| Boys Basketball | Jason Wiggins | J_Wggns@yahoo.com | June 12th |

MTWR 5:00-7:00 PM

Girls Volleyball Tim Rouch roucht@yahoo.com TBD

Sessions will be held at Up on Top Gym throughout the summer. Email Coach Rouch

Girls Basketball Robin Potera-Haskins robin.potera-haskins@stlucieschools.org TBD

Wrestling Kevin Carter kevin.carter@kcassemblyservice.com

Returning Wrestlers Start June 6th, Newcomers start June 13th

Sessions will be held Tuesday, Wednesday, Thursday from 5:00 to 7:00 PM

Competitive Cheerleading

Michelle May <u>michelle.may@stlucieschools.org</u>

Julia Genkinger <u>Julia.genkinger@stlucieschools.org</u>

May 2nd to May 4th Spring Cheer 2-4:00 PM

June 7, 12-14, 28 & July 19 CONDITIONING 9:00 AM to NOON

July 24-26th FAU Stunt Camp All Day

All information regarding Treasure Coast Athletics can be found on our website at:

https://schools.stlucie.k12.fl.us.tch/academies/athletics/